

FIRST AID FOR EYE EMERGENCIES

CHEMICAL BURNS

Eye damage from chemical burns may be extremely serious, as from alkalis or caustic acids; or less severe, as from chemical "irritants."

In all cases of eye contact with chemicals:

DO flood the eye with water immediately, continuously and gently, for at least 15 to 20 minutes. Hold head under faucet or pour water into the eye using any clean container. Keep eye open as widely as possible during flooding.

DO NOT use an eye cup.

DO NOT bandage the eye.

DO see a doctor for most chemical burns of the eye.

SPECKS IN THE EYE

DO lift upper eyelid outward and down over the lower lid.

DO let tears wash out speck or particle.

DO -if it doesn't wash out- keep eye closed, bandage lightly and see a doctor.

DO NOT rub the eye.

BLOWS TO THE EYE

DO apply cold compresses immediately, for 15 minutes; again each hour as needed to reduce pain and swelling.

DO -in case of discoloration or "black eye," which would mean internal damage to the eye- see a doctor.

DO see a doctor if you notice flashing lights, floaters, curtain or veil in vision.

CUTS & PUNCTURES OF EYE/EYELID

DO bandage lightly and see a doctor at once.

DO NOT wash out eye with water.

DO NOT try to remove an object stuck in the eye.

IN CASE OF EMERGENCY please call our office immediately.

Ashland

(570) 875-3851

Frackville

(570) 874-1017



EyeSense
Doctors of Optometry

myEyeSense.com

Orwigsburg

(570) 366-2072

Shamokin

(570) 648-4747

Valley View

(570) 682-3456